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## Advisory Committee :

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# Midtowner

Weekly Bulletin of Rotary Club of Rajkot Midtown

Club 31287 • R.I. District 3060

Rotary  
Club of Rajkot  
Midtown

## HIGHLIGHTS

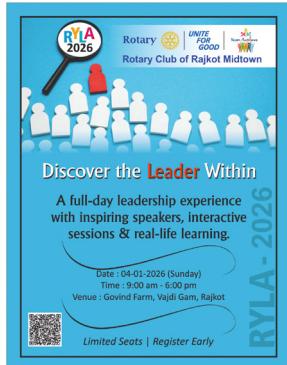
RYLA (ROTARY YOUTH LEADERSHIP AWARDS) IS ROTARY INTERNATIONAL'S INTENSIVE PROGRAMME FOR YOUNGSTERS, SCHEDULED ON NEXT SUNDAY. DO ATTEND

DATE  
29/12/2025  
ISSUE NO.  
22

## NEXT MEETING DETAILS

DATE	: 04th January 2026
DAY	: Sunday
TIME	: 9:00 a.m. to 6:00 p.m.
VENUE	: Govind Farm, Vajdi village, Rajkot
MENU	: Lunch (1 to 2pm)
WELCOME	: ROTARIANS, ANNS
PROGRAMME	: Raise Your Leadership Abilities, Think big, Act now, RYLA 2026 RYLA (Rotary Youth Leadership Awards) is Rotary International's intensive program for young people (typically ages 14-30) to develop leadership, problem-solving, and communication skills through immersive experiences like camps, seminars, and retreats, sponsored by local Rotary clubs to foster personal growth and community service. Be a part of this programme to motivate the youngistan ...future generations.

A humble request to our Annts to register for the same in large numbers



TIME	MINUTES	AGENDA	PRESENTER
8.30am to 9.30am	60min	Break fast	-
9.30am to 9.45am	15min	Opening Ceremony President Speech Introduction of Speaker 1	MOC - Ankita Chag Jignesh Kamdar
9.45am to 10.30am	45min	Session 1	Mr. Nishith Sanghvi: Leadership Effectiveness
10.30am to 10.45am	15min	Filler - College Performance 1 Introduction of Speaker 2	MOC
10.45am to 11.30am	45min	Session 2	Ms. Dharti Rathod: Presence and Communication
11.30am to 11.45am	15min	Tea Break Introduction of Speaker 3	MOC
11.45am to 12.30pm	45min	Session 3	Mr. Ketan Thakkar: Leader in Action
12.30pm to 1.00pm	30min	Filler-College Performance 2	MOC

TIME	MINUTES	AGENDA	PRESENTER
1.00pm to 2.00pm	60min	Lunch Break	-
2.00pm to 3.00pm	60min	Educational Games Introduction of Speaker 4	MOC and Games Team Ankita, Rita, Miloni
3.00pm to 3.45pm	45min	Session 4	Mr. Kartik Dadia: Finance Savvy
3.45pm to 4.00pm	15min	Filler Introduction of Speaker 5	MOC
4.00pm to 4.45pm	45min	Session 5	Mr. Vishal Ambassana: Personal Brand
4.45pm to 5.00pm	15min	Discussion/ Debate Participants Feedback	MOC
5.00pm to 5.30pm	30min	Closing Ceremony Certificates Vote of Thanks National Anthem	MOC Ankita, Certificate by Jignesh Kamdar & Vote of Thanks by Narendra Thakkar

Bulletin Editors  
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**Call for Appointment: 95101 80117**

**Dr. Nishant Rathod**

Consultant Pediatric Neurologist  
DNB, FIPN (Jaslok, Mumbai), FICG (SGPGI)



**BIRTHDAY WISHES** - Many many happy returns of the day!!



Suresh Bhupta  
1st January  
94282 79759



**ANNIVERSARY WISHES** - Wishing wonderful years of togetherness and happiness!!

Dr. Bijal and Dr. Ketan Thakkar  
1st January

Hetalben and Kalpeshbhai Kothari  
1st January



**CLUB NEWS**

Fun, feast, friends and fellowship.. jeene ko aur kya chahiye.... picnic at Vardhman farm was indeed A Quality time spent with fellow Midtowners... it was nothing less than 31st, year ending celebration with dance and yumilicious dinner.. it was almost swag se 2026 ka swagat). Thanks to Jigneshbhai Kamdar for arranging it, Avni Kamdar, Nidhi Kadva, Dr. Miloni Lakhani and Hareshbhai Parmar entralled one and all with their games.. Thanks to this terrific trio. It was great to have Daniel from Taiwan, Santiago from Mexico and Annie from Brazil, our IYE students, for picnic SPECIAL THANKS TO DR NIRANJANSIR FOR CO ORDINATING AND MANAGING all the arrangements for picnic. A BIG THANK YOU to our member Prakashbhai Nandu and Dr. Sanjaybhai Desai. ( Dr. Niranjansir's friend., for the exotic venue, Vardhman farm (both of them are one of the owners of the farm)



**CLUB ACTIVITIES**

1) On Thursday, 25th December, SWADESI CYCLOTHON was organised under the leadership of Cycle Mayor, IPP Divyeshbhai Aghera.. more than 1000 cyclists participated. MLA Darshitaben Shah RMC Commissioner Tusharbhaji Sumera Mayor Naynaben Pedhadia Standing Committee Chair Jaimanbhai Thakkar RCRM President Jigneshbhai Kamdar, graced the event with their esteemed presence.. Thanks to RMC and RCC for their relentless support since 9 consecutive years.. Kudos and Congratulations to Divyeshbhai, Ritaben Chauhan, Divyeshbhai Jadani and Rajan Popat were present.



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2) District 3069 Scholarship interviews were held on Sunday, 28th December at D.P.M.C under the leadership of project chair, Vikrambhai Sanghani... RC Rotary Greater, Gaurang Chhatrala, Pravin Patel, Manish Patel, RC Rajkot: Sandeep Gandhi, RC Rajkot Prime, Vishal Sarvaiya, RC Rajkot Midtown, Vikram Sanghani, Dr Jatin Mody, Sanjay Maniar, Ashok Bhatti, Twinkle Mehta, Dr. Nirav Mody, Nishant Chag, Devangi Vaishnav, Dinesh Jivrajani, Rita M C, Shilpa Thakkar, Jigneshbhai Kamdar, Dr Ashwinbhai Joshi, Vishvash Manek, Haresh Parmar, Anilbhai Jasani, Nandita Chauhan, IPP Divyesh bhai Aghera, Rajanbhai Popat and Divyeshbhai Jadani's names. Thanks to all for giving their valuable time and volunteering for the same. Many thanks to Malinimadam for co ordinating, Almost 35 new students were interviewed and approximately 70+ were group interviewed for renewal.. Project Chair Vikrambhai gave a very inspiring speech... every student was individually called upon and asked to share their progress and utilisation of scholarship. Till now the figure has reached to 330plus students.. Great going.



3) Sports Day was enthusiastically celebrated at Manjul Pre school on 27th December... Many Midtowners attended it and motivated the tiny tots.. Kudos to Vikrambhai and Beena Sanghani, Maliniben and Team Manjula for organising such special events.



4) Last but not the least, our projects and activities were highlighted in this month's GML.. (Governor's Monthly newsletter).. with special mention of awareness activities about breast and cervical cancer by Dr. Shaily Mody and JOG project of blanket distribution by Sanjaybhai Maniar.. congratulations to you both, President Jigneshbhai, Secretary Akash, JOG chair Dr. Banuben Dhakan and entire club for making all this possible.. keep it up MIDTOWN.

5) Two vibrant days of fun, talent and celebration... Sunshine carnival was held last week... Kudos and congratulations to Shameena Mathur and Team for a brilliant event.





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## ROTARY INTERNATIONAL NEWS

Nearly a century of science suggests one action outweighs all others. Rotary members have a head start.

By Erin Gartner

Photography by Sarah Elizabeth Larson

One of Rotary's single most ambitious projects, to confront malaria in Zambia, has roots in a friendship.

When Rotarian Bill Feldt discusses the initiative, which grew to receive The Rotary Foundation's first \$2 million Programs of Scale award in 2021, he doesn't mention dollars secured or accolades collected. He focuses on the doctor in Zambia who became his friend: Mwangala Muyendekwa.

"I stayed with Dr. Muyendekwa four times in his house in Zambia," says Feldt, a member of the Rotary Club of Federal Way near Seattle who was among those pushing hardest for the initiative that brought malaria care and prevention directly to a targeted group of Zambian communities for the first time. "And he stayed with me and my wife here in Washington. We email, sometimes talk on the phone. It's very personal, this work. We have some very, very close relationships stateside and in Africa."

He pauses, then adds: "This makes us happy, helps me feel fulfilled. Maybe that's it: Find something that's meaningful, and that's what gives you longevity."

Feldt is onto something. A vast and expanding body of research is illuminating clearer pathways to happiness, ones that differ substantially from many people's expectations. The overarching lessons from decades of science on happiness won't surprise Rotary members: No matter your culture, strong social relationships make us happier and healthier.

"What makes people happy, in the long term, is the feeling that their lives are meaningful and that they have a richly connected life," says Steven Heine, a professor at the University of British Columbia in Vancouver who studies cultures around the world, including how people search for meaning in their lives. "And we find that people, that their community relationships, such as through Rotary clubs and similar organizations, are especially important in helping make their lives meaningful."

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## ON A. LIGHTER. NOTE

A TASTE OF HEAVEN JATIN MODY

"Coffee is bad for health" May God forgive Dr. Nirajanbhai for this blasphemy!!! Even a perfect gentleman can have such a blind spot!! Coffee, the ultimate gift of God to mankind,a heavenly nectar, a solace for every soul ... need I go on? Tea, of course, is the root of all evils in the world.

In prehistoric times coffee made a perfect world.. Devil sowed Tea leaves, world became a cauldron of chaos! Research Mahabharat Pandavs drankcoffee, Kauravs Tea. Tea brings "Tamas", coffee brings "Calmness". All warswould, if Tea is banished.

Check out geniuses: Einstein, Neuton, Steve Jobs. never touched Tea! Pathetic Philosophers and poets, Socrates and Shakespeare write tragedies, as they wallow in Tea. Shakespear realised his blunder, "Drink with thine eyes only:", he told Romeo, not about Juliet, but for Tea.

America got independence, by throwing out Tea barrels in the Boston Tea Party. The world should follow.

We went in Tokeyo for terrible Tea ceremony. After 2 hours of stupid rituals,yellow fluid was served. Even worse than Suna's Ayurvedic haldi water.

No wonder Japan lost second world war! P.M. Mody realised the sins of selling Tea, in time for better things.

CHA, the unpleasant word sounds like chinese bad word. Coffee has two F and two E, long lingering ecstacy of anticipation.

Ask Rtn. Sukanyaben, how Coffee drinking South is so intelligent.

Sacred rivers flow in North.Tea drinking North and Dr. Nirajanbhai, Dinesh can wash awaytheir sins easily.

"Black is Beauty", Adding milk to Coffee is like Kalpraj or Parag adding milk to their daily Whiskey shots!! As Mirza Galib said "Heavenand Hell are here."

Heaven for Coffee connoisures, hell for Tea tipsters.

Dr. Nirajanbhai warned me that Coffee increases Heart rate. Yes, the Heart dances with Joy!! Tea will produce depression in the heart, and in atrophied brains of these sad people.

So Gates to Heaven are ope. Dump Tea, savour the Ultimate, Utopian, elevating, amazing, enervating Coffeeeeee.! Cheers!!

Contributed by Dr. Jatin Mody

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